

**An Introduction to Non-dual Living.
A Study Course in Kabbalah: offered By Lili Zohar,
www.lilizohar.com**

In this 6 week workshop, we will explore teachings of kabbalah as they apply to Wholeness and the Integration of our oft-splintered selves. Integration leads to greater insight and the capacity to more fully accept and enjoy life.

We will use the text "***Kabbalistic Healing: A Path to an Awakened Soul***" by Jason Jinen Shulman, a modern Kabbalist and American Buddhist teacher, exploring ways to integrate the living and ancient teachings of Kabbalah into our lives. Through discussion, guided mediations and exercises we will investigate the movement of human consciousness through the Universes as taught by mystical Kabbalah and our notions of time, healing, prayer and reality. No prior knowledge of Hebrew or Kabbalah is required. **Lili has books to purchase.**

Thursday Evenings 7-9:00 p.m. Jan. 27, Feb. 3, 10, 17, 24 and March 10, 2011. (We will not meet March 3rd.) Location: Central Denver (call or email Lili for address)

Or

**Friday Mornings 9:30-11:30 Jan 27, Feb. 4, 11, 18, 25 and March 11, 2011. (We will not meet on March 4th)
Location: Samadhi Center for Yoga 639 E. 19th Ave
www.samadhiyoga.net**

Investment: \$180.00 for 6 sessions

Lili Zohar is a practitioner of non-dual counseling and healing, of conflict resolution, a yoga teacher and lifelong student of the wisdom traditions of the world. The past four years, Lili has studied and worked intensively with Jason Shulman, the founder of The Society of Souls, a school dedicated to living an integrated life. Lili teaches and practices the lessons of kabbalah as they apply to her work in yoga, healthy conflict engagement and life.

**Call or Email Lili for more address of workshop and additional information.
303 941 4342, lili@lilozohar.com**

